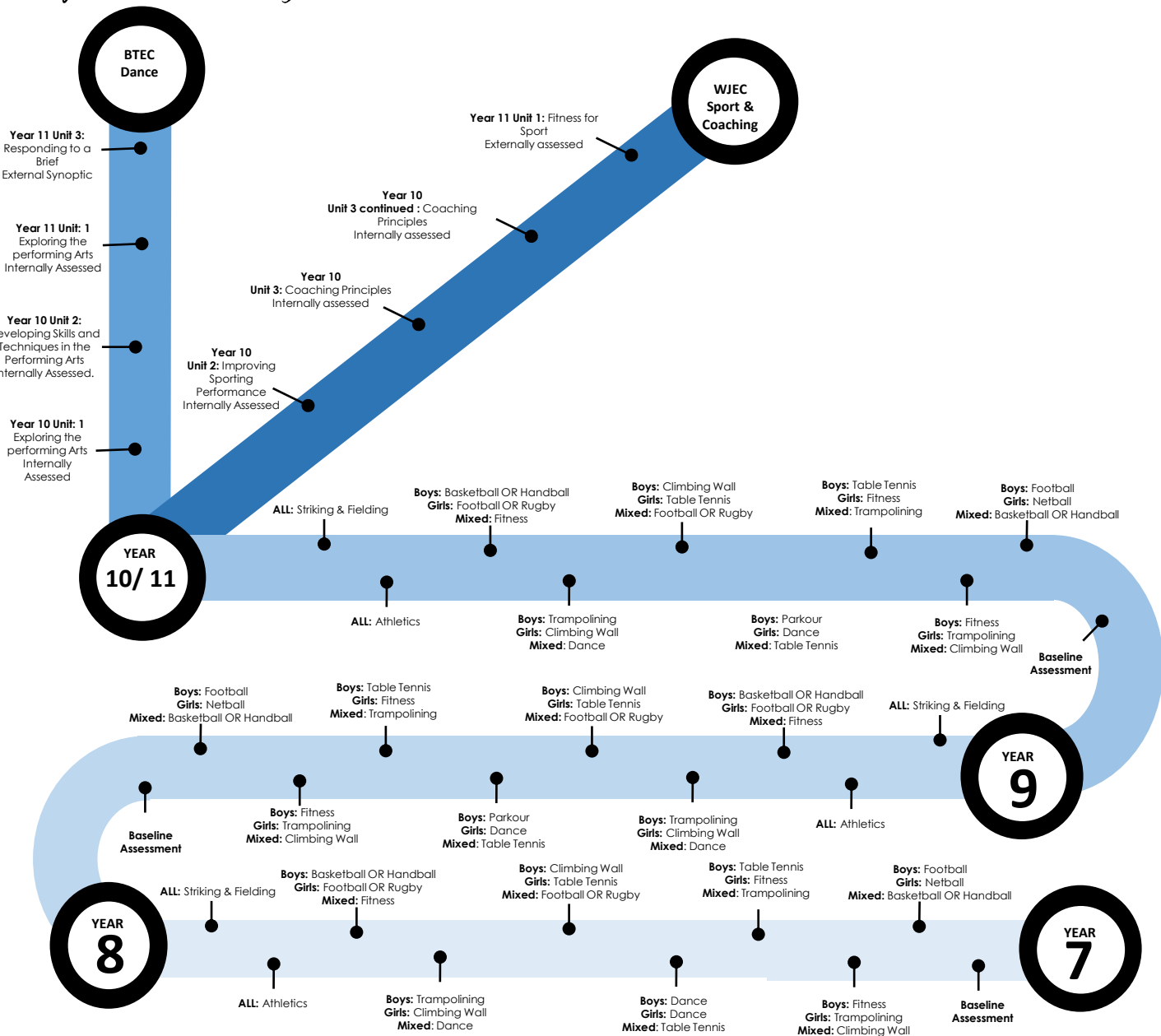


Physical Education

Sequence Of Learning



KS3 Physical Education Assessment			
Practical	Knowledge and Understanding	Analysis of Performance	Mindset
- Physically literate - Age/stage relevant development - Physically active - Competitive - Technical ability - Skill development - Fitness	- Healthy active lifestyles – habits - Rules - Regulations - Scoring Systems - Officiating/ Refereeing	- Decision makers - Analytical - Confident - Independent thinkers - Leadership - Tactical Awareness - Feedback	- Resilience - Self- Confidence & Self Esteem - Sportsmanship - Healthful Social Interactions - Positive behaviors & attitudes - Developing character/values