

Social Care

Social care in the UK is a bigger industry than you might think. There are more than 1.5 million people working in the sector in 38,000 different settings. The adult social care sector alone contributes an estimated £43billion to the UK economy. Thousands of organisations deliver care and support services to people all over the country.

Social care is about providing physical, emotional and social support to help people live their lives. For various reasons and at different stages in their lives, some people need support to develop and maintain their independence, dignity and control.

Social care provides a whole range of services to support adults and older people.

If you work in social care, you could help people in their own homes, in residential homes or in a number of other places such as day centres or supported housing

Working in social care means supporting people with their non-clinical needs, although there is an important crossover between working in health and working in social care.

Many staff now work in roles that cover both health and social care, and the values and qualities needed are very similar.

The Government has set out the need for the health and social care sectors to develop new integrated care models to promote health and wellbeing and provide care. In the future, this could mean your career crossing both sectors in new and exciting roles.

Social care jobs can be found with a range of employers. These include:

- **Local authorities** - e.g. social services
- **NHS** - e.g. hospitals, mental health trusts, community based settings
- **Charity and voluntary organisations** - such as Age Concern, Barnardo's, British Red Cross, Leonard Cheshire Disability, Mencap, Save the Children, Sue Ryder, YMCA
- **Residential and non-residential care organisations**
- **HM Prison and Probation Service**
- **Private or independent organisations**
- **Schools, colleges and universities**

Opportunities are available for individuals with all levels of qualifications.

Social Care	Overview of the social care sector
How to become an Adult Guidance Worker	Adult guidance worker job profile
How to become an Advice Worker	Advice worker job profile
How to become a Care Manager	Care manager job profile
How to become a Care Worker	Care worker Explore careers
How to become an Adult Nurse	Adult nurse Health Careers
How to become a Learning Disability Nurse	Learning disability nurse job profile
How to become a Mental Health Nurse	Mental health nurse job profile
How to become a Social Worker	How to become a social worker
How to become a Senior Care Worker	Senior care worker Explore careers
How to become a Palliative Care Assistant	Palliative care assistant Explore careers
How to become an Occupational Therapist	Occupational therapist job profile
How to become a District Nurse	Step Into The NHS :: District nurse
How to become a Residential Support Worker	Residential support worker Explore careers National
How to become a Housing Manager/ Officer	Housing manager/officer job profile
How to become a Probation Officer	Probation officer job profile
How to become a Social Work Assistant	Social work assistant Explore careers
Working in Social Care	Working in social care Health Careers

Videos

Meet Beth, a Counsellor and Psychotherapist	Meet Beth, a Counsellor and Psychotherapist
A day in the life of a Care Worker	Day in the Life of a Care Assistant
How to become a Carer	How to become a Carer: Bethany's story
Nursing in the community	Nursing in the community
Occupational Therapist - What do we do	Occupational Therapist - Is it for me?
A day in the life of a hospital Social Care Worker	A day in the life of a hospital social worker
NHS Essex - Working in critical care	Critical Care Jobs at Mid and South Essex NHS Foundation Trust
Careers as a Learning Disability Nurse	Careers in learning disability nursing Careers in Learning Disability Nursing What is Learning Disability Nursing?
Job of the Week - Drama Therapist	JOB OF THE WEEK - EPISODE #029 - DRAMATHERAPIST
Job of the Week - Social Worker	JOB OF THE WEEK - EPISODE #89 - SOCIAL WORKER
Job of the Week - Learning Disability Nurse	JOB OF THE WEEK - EPISODE #82 - LEARNING DISABILITY NURSE
Job of the Week - Family Support Worker	JOB OF THE WEEK - EPISODE #77 - FAMILY SUPPORT WORKER
Job of the Week - Nutritionist	JOB OF THE WEEK EPISODE #039 - NUTRITIONIST

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