

Sports Sector

Careers in the sport industry can fall into many different areas. You may want to become a professional in a sport and represent your country. If you do then you will need to have a very high level of physical fitness and drive, self discipline and determination to help you achieve your goal. As a sport professional you earn money playing / competing in your sport in front of spectators.

There are lots of sports that can be done at a professional level, such as snooker, tennis, football, rugby, F1 and horse racing. Sports Professionals spend hours practising their sport. This involves skills and fitness training, usually with a coach, physio, nutritionist and manager.

Training leads to playing in matches and competitions, which means travelling around either the UK, Europe or the World depending on the level you attain in your sport.

The average career of many Sports Professionals is only 10-15 years. When their career is over, many choose to go on to coaching, management or broadcasting.

Within the Sports Sector apart from being a sport professional there are various areas that you can find careers in and these include:

- Leisure and Fitness
- Education
- Elite Sport
- Sport Business
- Sport Science
- Sport Development
- Sport Administration

Some of the career opportunities that fall within the above are:

- Sports Lawyer
- Sport Therapist
- Nutritionist
- Sports Journalist
- Outdoor Activities Instructor
- Coach
- Lecturer in Sports Science
- Sports Scientist
- Sports Presenter
- Strength & Conditioning coach

With all of these occupations you still need a passion and interest in sport but you are there supporting the professional in many different ways to help them achieve and you are part of their support team.

Currently there are nearly 1.3 million individuals employed in the Sport Sector and 35% of these are aged between 15-29. Some of these are full time roles but some of the support roles are part time.

Sport and physical activity contributes £39 billion to the UK's economy and a significant portion of this comes from grassroots sport: the millions of people who buy trainers, bikes, gym memberships or pay match fees.

The UK has unrivaled experience and expertise in the sports economy, with its companies leading the way both at home and overseas. UK companies have a reputation for creative and ingenious solutions that respect tradition and leave a sporting and cultural legacy from stadium design to communications, the UK has a proven expertise and reputation in every aspect of sports development and staging a major sporting event.

Links to web-sites:

Careers in Sport	Careers in sport
Sports Coach	Sports coach job profile
How to become a Strength & Conditioning Coach	How to become a Strength and Conditioning Coach
Outdoor Pursuits Manager	Outdoor activities/education manager job profile
Sports Development Officer	Sports development officer job profile
Sport and exercise psychologist	Sport and exercise psychologist job profile
Sport Therapist	Sports therapist job profile
Nutritionist	Nutritionist Health Careers
How to become a Performance Analyst	Performance Analyst English Institute of Sport

How to be a Sports Physiotherapist	Sports physiotherapist Explore careers Job Guide - Sports Physiotherapist
How to become a Personal Trainer	How To Become A Personal Trainer In The UK
How to become a professional dancer	How to become a professional contemporary dancer: Connor's story
How to be a groundsperson	Groundsperson Explore careers
Careers in Sailing	Work on the water Careers advice from the Royal Yachting Association https://www.youtube.com/watch?v=umijfNsEsIA
Careers in Sport	Careers in Sport Sports graduate jobs
Leisure/Fitness Centre Manager	Fitness centre manager job profile
How to become a Lifeguard	How to become a lifeguard: Lucia's story
How to become a PE Teacher	Teacher How to be a PE teacher - Careers in Sport How to become a PE Teacher reed.co.uk
Professional Football Player	What is required to become a professional footballer?
How to become a professional sportsperson	How To Become a Professional Sportsperson

How to become a Sports Agent	How to become a Sports Agent reed.co.uk
How to become a Sports Lawyer	Sports lawyer Jason Saiban
Careers in Sports Marketing	Career Prospects in the Sports Marketing Industry
How to become a Sports Event Manager	Getting Into Sports Event Management

Video Clips:

Meet Will a Professional Cricketer	Meet Will, a Professional Cricketer based at Sussex
Careers within the Sports Sector	Careers in Sport and Exercise Science
Listen to Carmen explain the role of a Personal Trainer	Meet Carmen, a Personal Trainer
Listen to Monica and the route she took to become a Zumba instructor	Meet Monica Zammit, a Zumba Instructor
Job of the Week - Yoga Instructor	JOB OF THE WEEK EPISODE #048 - YOGA INSTRUCTOR
Workplace Wednesday - Football Coach	https://youtu.be/4pRy36_AW2s
Workplace Wednesday - Sports Content Creator	https://youtu.be/KDL2Pj7nWOs
Sports Analyst	Performance Analyst English Institute of Sport

What does a Sports Nutritionist do? Hear from Max Whitlock, British Gymnast	BTEC Sport Careers: Nutritionist
Outdoor Pursuits Manager	JOB OF THE WEEK - EPISODE #15 - OUTDOOR PURSUITS MANAGER
Sports Coaching	JOB OF THE WEEK - EPISODE #18 - SPORTS COACH How to become a Sports Coach Lydia Bedford, England Women's U17s Head Coach BECOMING A RACING COACH - Working on the Water - Tips and Advice
Sports Development Officer	Stefan, Sports Development Officer #OurDay
Sports Psychology	How I Started my Career in Sports Psychology
What is a Strength & Conditioning Coach	Careers in Sport - Strength and Conditioning Coach
Personal Trainer	How To Become A Personal Trainer
Professional Dancer	HOW TO BECOME A PROFESSIONAL DANCER
Groundsman	A Day In The Life - Michael Merriman
PE Teacher	Physical Education PGCE; meeting the Teachers' Standards
How to become a Sports Agent	How to Become a Sports Agent
How I became a professional Footballer	HOW I BECAME A PROFESSIONAL FOOTBALLER AT 16... (MY JOURNEY TO A

	<u>PROFESSIONAL FOOTBALLER)</u>
Careers in Sports Marketing	<u>Career Prospects in the Sports Marketing Industry</u>
Careers in Sports Media	<u>Careers Opportunities in Sport Media</u>